

## **Martin J. O'Hara, MD – About Us**

With over 20 years of experience, Martin J. O'Hara, MD and his skilled staff of cardiology consultants will provide you with the most outstanding cardiology care in the DC area — all in a warm and compassionate environment. Dr. O'Hara is a board certified cardiologist and medical doctor who specializes in cardiologic evaluation and testing, nuclear cardiology, and cardio testing — along with a wide variety of other heart healthy services.

Our emphasis is on the prevention of cardiovascular conditions and comprehensive medical care, bringing in other specialists when needed to provide you with the best medical care possible. From the moment you walk in and meet each heart specialist here, you will know that you made the right choice for all of your cardiovascular needs.

Martin J. O'Hara, MD graduated from University College, Dublin in his native Ireland and completed a fellowship in Cardiology and Nuclear Cardiology at Columbia-Presbyterian and Mount Sinai Medical Centers in New York City before moving to Virginia. Dr. O'Hara is a Board Certified Cardiologist, certified in Nuclear Cardiology and Internal Medicine. He has been in private practice in Arlington since 1993 and has a special interest in preventive cardiology and the role of exercise to avoid and retard the progression of cardiovascular disease. He is also fluent in Spanish, French and German.

Dr. Martin J. O'Hara and his staff will provide you with a comprehensive baseline of your health along with a personalized exercise program with interval training designed especially for you. You will also receive individualized evaluations and one-on-one phone and email support.

We want you to feel comfortable and right at home here; therefore, we strive to offer you the most personal and friendly care in a relaxed and welcoming atmosphere. We want you to be completely satisfied during your visit with us and our team makes sure that you leave here with a smile on your face and healthy heart.

Dr. Martin J. O'Hara is located in Arlington, Virginia and provides expert cardiology care to the entire Washington DC area. We accept most insurance plans and are available Monday through Friday, from 9:00a.m. to 4:30p.m.

Contact our office at (XXX) XXX-XXX or visit our website at [www.XXXX.com](http://www.XXXX.com).